

2011 Gehlen Jays



Season Summary



“Leaving a Legacy of Success”



*“Talent wins games, but teamwork
and intelligence win
championships.”*

2011 - Gehlen Catholic Volleyball Roster

Varsity Squad

#	Name	Height	Position	Grade
1	Emily Holtgrewe	5'5"	Backrow	11
2	Steph Rohe	5'7"	Hitter	12
3	Shannon Smith	5'4"	Backrow	11
4	Morgan Whitehead	5'9"	Hitter	9
5/16	Becca Vonnahme	5'3"	Libero	12
6	Lauren Sitzmann	5'9"	Hitter	12
7	Abby Freking	5'7"	Setter	11
8	Lisa Gunter	5'3"	Setter/Backrow	12
9	Megan Heissel	5'9"	Hitter	12
10	Kenzie Kellen	5'11"	Middle	12
11	Mollie Nemmers	5'11"	Middle	12
12	Katelin Langel	5'10"	Hitter	11
13	Baily Wiltgen	5'9"	Hitter/Setter	10
14	Alison Schnepf	5'9"	Hitter	10
15	Amber Timmins	5'10"	Setter	12

B Squad

#	Name	Height	Position	Grade
1	Emily Holtgrewe	5'5"	Backrow	11
2	Taylor Peters	5'5"	Setter	9
3	Shannon Smith	5'4"	Backrow	11
4	Morgan Whitehead	5'9"	Hitter	9
6	Miranda Bunkers	5'3"	Backrow	10
7	Abby Freking	5'7"	Setter	11
8	Mariah McCarty	5'7"	Hitter/Setter	10
10	Hannah Kessenich	5'11"	Middle	10
11	Megan Livermore	5'8"	Middle	10
13	Baily Wiltgen	5'9"	Hitter/Setter	10
14	Alison Schnepf	5'9"	Hitter	10

C Squad

#	Name	Height	Grade
1	Maggie DeRocher	5'3"	9
2	Trisha Langel	5'4"	9
3	Sadie Freking	5'4"	10
5	Kelsey Marienau	5'5"	10
6	Taylor Peters	5'5"	9
7	Marissa Lipp	5'5"	9
8	Dong Mi Kim	5'3"	11
9	Emily Meyer	5'5"	9
10	Paris Addison	5'7"	9
11	Michaela Bretey	5'6"	9
12	Maddie Wankum	5'5"	10
13	Michelle Klein	5'3"	10
15	Abigail Chagolla	5'5"	9
16	Katie Douvia	5'6"	9



Nickname:	Jays
Colors:	Green & Gold
Head Coach:	Mike Meyer
Asst. Coaches:	Kathy Neary Betty Loutsch
Principal:	Jeff Alesch

2011 MATCH RESULTS

INSTITUTION: Gehlen Catholic (LeMars, IA)

CONFERENCE / CLASS: War Eagle / 1A

Date	H/A/N	Opponent	Match W-L	Game Scores	Cumulative Record	Opponent Class & Highest Ranking
8/25	H	*Unity Christian	W	25-19, 25-18, 25-10	1-0	2A #12
8/30	A	*Marcus-Meriden-Cleghorn	W	25-13, 25-10, 25-7	2-0	1A
Sheldon Tournament						
9/3	N	Central Lyon	W	21-15, 21-9	3-0	1A #11
9/3	N	Sibley-Ocheyeden	W	21-11, 21-7	4-0	2A
9/3	N	Emmetsburg	W	21-7, 21-6	5-0	2A
9/3	N	Cherokee	W	21-17, 21-13	6-0	2A
9/3	N	Newell-Fonda	W	21-9, 21-8	7-0	1A
9/3	A	Sheldon	W	21-18, 11-21, 15-9	8-0	2A #7
9/6	A	*Remsen St. Mary's	W	25-9, 25-8, 25-9	9-0	1A
9/13	H	*Remsen-Union	W	25-10, 25-8, 25-14	10-0	1A
West Sioux Tournament						
9/17	N	George-Little Rock	W	21-8, 21-17	11-0	1A
9/17	N	Remsen St. Mary's	W	21-10, 21-13	12-0	1A
9/17	N	Westwood, Sloan	W	21-12, 21-8	13-0	2A
9/17	N	Akron-Westfield (finals)	W	25-10, 25-15	14-0	1A
CYO Tournament						
9/18	H	Spalding Catholic	W	21-11, 21-19	15-0	1A
9/18	H	Bishop Kuemper	W	21-11, 21-14	16-0	2A
9/18	H	Storm Lake St. Mary	W	21-6, 21-14	17-0	1A
9/18	H	Bishop Heelan (finals)	L	23-25, 14-25	17-1	3A #1
9/20	A	*Akron-Westfield	W	25-11, 25-8, 25-5	18-1	1A
Unity Christian Tournament						
9/24	N	Sioux Center	W	21-15, 18-21, 15-9	19-1	2A #12
9/24	N	Sergeant Bluff-Luton	W	21-12, 21-15	20-1	3A #13
9/24	N	Southwest Christian, MN	W	21-13, 21-7	21-1	1A
9/24	N	Sioux Falls Christian, SD (semis)	W	26-24, 25-20	22-1	2A #1 (SD)
9/24	N	Le Mars Community (finals)	W	25-23, 25-18	23-1	3A
9/29	H	*South O'Brien	W	25-8, 25-12, 25-8	24-1	2A
10/4	A	*Spalding Catholic	W	25-3, 25-11, 25-7	25-1	1A
10/6	H	*West Sioux	W	25-13, 25-6, 25-16	26-1	1A
10/11	A	*Hartley-Melvin-Sanborn	W	25-10, 25-10, 25-6	27-1	2A
10/13	H	*Hinton	W	25-16, 25-17, 29-27	28-1	2A
Regional Tournament						
10/19	H	Siouxland Christian	W	25-10, 25-6, 25-12	29-1	1A
10/25	H	Akron-Westfield	W	25-5, 25-9, 25-8	30-1	1A
10/28	N	Kingsley-Pierson	W	25-13, 25-11, 25-13	31-1	1A
11/1	N	River Valley	W	25-17, 25-14, 25-14	32-1	1A #12
State Tournament						
11/10	N	East Union	W	21-25, 25-12, 25-18, 25-10	33-1	1A #5
11/11	N	Janesville	W	16-25, 25-23, 25-20, 25-22	34-1	1A #6
11/12	N	Tripoli	L	14-25, 21-25, 12-25	34-2	1A #1
*War Eagle Conference match						

Tournament Finishes:

- September 3 Sheldon Tournament – 1st
- September 17 West Sioux Tournament – 1st
- September 18 CYO Tournament – 2nd
- September 23 Unity Christian – 1st
- Oct. 19-Nov. 1 Regional Tournament – 1st
- November 10-12 Iowa Class 1A State Tournament – 2nd

Gehlen Catholic

Jays Volleyball - 2011

The Mission:

War Eagle Conference Champs
Hit .310 as a team
Serve 91% with 3.6 aces/game
Average 11.5 Kills per Game
Average 3.10 Blocks per Game
Average 13.5 Digs per Game
Make finals of all tournaments
Take the Next Post-Season Step!
Leave a Legacy of Success!

“We commit to...to accomplish our goals.”

- stay after practice to improve our weaknesses
- coming to practice striving to improve & willing to work hard
- keep our intensity and energy up at all time in practices and games
- use high expectations as motivation
- focus on our defensive effort
- battle against the temptation of complacency
- play to our standard and not to the level of our opponents
- treat our opponents with respect
- having fun



Jays' Success Pyramid

Le Mars Gehlen Catholic Season Statistics – 2011

Athlete	Sets	Kills	Kill Err	Attack Attempts	Kill Eff	Kills per Set	Serve Success	Serves	Serve Eff	Aces	Aces per Set
Katelin Langel JR	89	230	61	510	0.331	2.58	247	270	0.915	43	0.48
Steph Rohe SR	90	206	38	486	0.346	2.29	440	461	0.954	55	0.61
Kenzie Kellen SR	90	160	25	361	0.374	1.78	317	334	0.949	44	0.49
Alison Schnepf SO	56	106	31	251	0.299	1.89	2	2	1.000	1	0.02
Amber Timmins SR	89	103	16	231	0.377	1.16	349	395	0.884	80	0.90
Mollie Nemmers SR	93	83	28	198	0.278	0.89	193	220	0.877	39	0.42
Lauren Sitzmann SR	40	50	25	124	0.202	1.25	6	7	0.857	1	0.03
Megan Heissel SR	30	22	16	73	0.082	0.73	3	6	0.500	1	0.03
Morgan Whitehead FR	4	5	1	8	0.500	1.25	0	0	0.000	0	0.00
Baily Wiltgen SO	8	4	3	9	0.111	0.50	10	13	0.769	3	0.38
Becca Vonnahme SR	83	1	1	2	0.000	0.01	7	8	0.875	1	0.01
Abby Freking JR	3	1	0	1	1.000	0.33	8	9	0.889	1	0.33
Lisa Gunter SR	93	0	0	2	0.000	0.00	298	325	0.917	43	0.46
Shannon Smith JR	17	0	0	0	0.000	0.00	19	19	1.000	4	0.24
Emily Holtgrewe JR	4	0	0	0	0.000	0.00	6	8	0.750	1	0.25
Team Totals	93	971	245	2256	0.322	10.44	1905	2077	0.917	317	3.41

Athlete	Sets	Assists	Assists per Set	Digs	Digs per Set	Block Assists	Blocks Solo	Blocks Total	Blocks per Set
Amber Timmins SR	89	717	8.06	244	2.74	33	11	44	0.49
Katelin Langel JR	89	42	0.47	226	2.54	34	9	43	0.48
Steph Rohe SR	90	39	0.43	293	3.26	25	6	31	0.34
Becca Vonnahme SR	83	24	0.29	323	3.89	0	0	0	0.00
Lisa Gunter SR	93	23	0.25	149	1.60	0	0	0	0.00
Baily Wiltgen SO	8	15	1.88	4	0.50	0	0	0	0.00
Kenzie Kellen SR	90	13	0.14	103	1.14	56	13	69	0.77
Mollie Nemmers SR	93	9	0.10	60	0.65	53	8	61	0.66
Abby Freking JR	3	8	2.67	3	1.00	0	0	0	0.00
Megan Heissel SR	30	5	0.17	7	0.23	4	1	5	0.17
Alison Schnepf SO	56	5	0.09	32	0.57	10	10	20	0.36
Shannon Smith JR	17	2	0.12	23	1.35	0	0	0	0.00
Lauren Sitzmann SR	40	1	0.03	16	0.40	4	6	10	0.25
Emily Holtgrewe JR	4	0	0.00	6	1.50	0	0	0	0.00
Morgan Whitehead FR	4	0	0.00	0	0.00	0	0	0	0.00
Team Totals	93	903	9.71	1489	16.01	219	64	283	3.04

Team Match Statistical Highs – 2011

Team Match Season Highs

Most Aces	–	17 vs. Spalding Catholic, Oct. 4 (3 games) 14 vs. Remsen-Union, Sept. 13 (3 games) vs. Westwood, Sept. 17 (2 games) vs. Hartley-Melvin-Sanborn, Oct. 11 (3 games) 13 vs. Akron-Westfield, Oct. 25 (3 games) vs. East Union, Nov. 10 (4 games)
Most Assists	–	47 vs. Janesville, Nov. 11 (4 games) 41 vs. East Union, Nov. 11 (4 games) 39 vs. Siouxland Community, Oct. 19 (3 games) 38 vs. Akron-Westfield, Sept. 20 (3 games) 36 vs. Remsen-Union, Sept. 13 (3 games) 35 vs. Remsen St. Mary's, Sept. 6 (3 games) 34 vs. Akron-Westfield, Oct. 25 (3 games)
Most Kills	–	49 vs. Janesville, Nov. 11 (4 games) 43 vs. East Union, Nov. 11 (4 games) 40 vs. Siouxland Community, Oct. 19 (3 games) 39 vs. Akron-Westfield, Sept. 20 (3 games) 38 vs. Remsen St. Mary's, Sept. 6 (3 games) 37 vs. Remsen-Union, Sept. 13 (3 games) 36 vs. Marcus-Meriden-Cleghorn, Aug. 30 (3 games) vs. South O'Brien, Sept. 29 (3 games) vs. Kinglsey-Pierson, Oct. 28 (3 games)
Most Blocks	–	15 vs. Hinton, Oct. 13 (3 games) 14 vs. Marcus-Meriden-Cleghorn, Aug. 30 (3 games) vs. Kinglsey-Pierson, Oct. 28 (3 games) 13 vs. Sioux Center, Sept. 24 (3 games) vs. River Valley, Nov. 1 (3 games) 12 vs. East Union, Nov. 10 (4 games)
Most Digs	–	107 vs. Janesville, Nov. 11 (4 games) 70 vs. East Union, Nov. 10 (4 games) 65 vs. River Valley, Nov. 1 (3 games) 64 vs. Hinton, Oct. 13 (3 games) 59 vs. West Sioux, Oct. 6 (3 games) 56 vs. Remsen-Union, Sept. 13 (3 games) 53 vs. South O'Brien, Sept. 29 (3 games) vs. Siouxland Community, Oct. 19 (3 games)
*Highest Hitting %	–	.500 vs. Newell-Fonda, Sept. 3 .485 vs. Akron-Westfield, Oct. 25 .479 vs. Akron-Westfield, Sept. 20 .474 vs. Hartley-Melvin-Sanborn, Oct. 11 .467 vs. George-Little Rock, Sept. 17 .452 vs. South O'Brien, Sept. 29 .441 vs. Westwood, Sept. 17
Best Serving %	–	97.7% vs. Storm Lake St. Mary, Sept. 18 97.4% vs. George-Little Rock, Sept. 17 96.3% vs. Hinton, Oct. 13 95.9% vs. Akron-Westfield, Sept. 17 94.9% vs. Emmetsburg, Sept. 3 94.5% vs. Sioux Center, Sept. 24

*Hitting Efficiency = $\text{Kills} - \text{Errors} \div \text{Attempts}$

Individual Match Statistical Highs – 2011

Individual Match Season Highs

Most Aces	–	7 Amber Timmins vs. Sibley-Ocheyedan, Sept. 3 (2 games) Kenzie Kellen vs. Spalding Catholic, Oct. 4 (3 games) 6 Amber Timmins vs. Remsen-Union, Sept. 13 (3 games) 5 Mollie Nemmers vs. Newell-Fonda, Sept. 3 (2 games) Katelin Langel vs. Westwood, Sept. 17 (2 games) Steph Rohe vs. Westwood, Sept. 17 (2 games)
Most Assists	–	39 Amber Timmins vs. Janesville, Nov. 11 (4 games) 36 Amber Timmins vs. East Union, Nov. 10 (4 games) 32 Amber Timmins vs. Remsen St. Mary's, Sept. 6 (3 games) Amber Timmins vs. Akron-Westfield, Sept. 20 (3 games) 31 Amber Timmins vs. Remsen-Union, Sept. 13 (3 games)
Most Kills	–	15 Steph Rohe vs. East Union, Nov. 10 (4 games) 14 Katelin Langel vs. Janesville, Nov. 11 (4 games) 13 Katelin Langel vs. Unity Christian, Aug. 25 (3 games) Steph Rohe vs. Janesville, Nov. 11 (4 games) 12 Steph Rohe vs. Remsen St. Mary's, Sept. 6 (3 games) 12 Katelin Langel vs. Remsen St. Mary's, Sept. 6 (3 games) 12 Kenzie Kellen vs. Remsen-Union, Sept. 13 (3 games) 12 Katelin Langel vs. East Union, Nov. 10 (4 games)
Most Blocks	–	6 Kenzie Kellen vs. Hinton, Oct. 10 (3 games) 5 Kenzie Kellen vs. River Valley, Nov.1 (3 games) 5 Kenzie Kellen vs. Remsen-Union, Sept. 13 (3 games) 4 Amber Timmins vs. River Valley, Nov.1 (3 games) Kenzie Kellen vs. Marcus-Meriden-Cleghorn, Aug. 30 (3 games) Mollie Nemmers vs. Kingsley-Pierson, Oct. 28 (3 games) Kenzie Kellen vs. Sioux Center, Sept. 24 (3 games)
Most Digs	–	22 Amber Timmins vs. Janesville, Nov. 11 (4 games) Steph Rohe vs. Janesville, Nov. 11 (4 games) 20 Becca Vonnahme vs. Remsen-Union, Sept. 13 (3 games) 19 Becca Vonnahme vs. Janesville, Nov. 11 (4 games) 18 Becca Vonnahme vs. Sheldon, Sept. 3 (3 games) 17 Becca Vonnahme vs. East Union, Nov. 10 (4 games) 16 Katelin Langel vs. East Union, Nov. 10 (4 games) Steph Rohe vs. Hinton, Oct. 10 (3 games) Becca Vonnahme vs. Kingsley-Pierson, Oct. 28 (3 games)
Highest Hitting % (minimum 10 attempts)	–	.818 Kenzie Kellen vs. Hartley-Melvin-Sanborn, Oct. 11 .750 Steph Rohe vs. West Sioux, Oct. 6 .714 Katelin Langel vs. Akron-Westfield, Sept. 20 .700 Alison Schnepf vs. Lemars Community, Sept. 24 .692 Alison Schnepf vs. Akron-Westfield, Oct. 25 .643 Steph Rohe vs. Marcus-Meriden-Cleghorn, Aug. 30 .636 Alison Schnepf vs. Akron-Westfield, Sept. 20 .611 Steph Rohe vs. Remsen St. Mary's, Sept. 6
Most Errorless Serve Attempts	–	28 Steph Rohe vs. South O'Brien, Sept. 29 23 Steph Rohe vs. Hinton, Oct. 13 21 Kenzie Kellen vs. Spalding Catholic, Oct. 4 Steph Rohe vs. Spalding Catholic, Oct. 4 20 Steph Rohe vs. East Union, Nov. 10 19 Kenzie Kellen vs. South O'Brien, Sept. 29 18 Steph Rohe vs. Remsen-Union, Sept. 13 Kenzie Kellen vs. Remsen St. Mary's, Sept. 6 16 Lisa Gunter vs. Akron-Westfield, Sept. 20 Steph Rohe vs. Akron-Westfield, Oct. 25

2011 Iowa High School Final Volleyball Rankings

Compiled by the Iowa Girls High School Athletic Union – October 13

Class 1A

	School	Record	LW
1	Tripoli	33-3	1
2	LeMars Gehlen Catholic	27-1	2
3	Holy Trinity Catholic	38-2	3
4	Boyd-Hull	22-3	4
5	Stanton	28-1	5
6	Janesville	25-10	7
7	Marquette Catholic	28-4	8
8	Bedford	28-7	9
9	East Union	27-4	6
10	Woodward-Granger	13-4	11
11	Lisbon	24-8	14
12	River Valley	23-10	15
13	Algona Bishop Garrigan	16-9	NR
14	Ar-We-Va	19-8	NR
15	Guthrie Center	14-6	12

Dropped Out: Adair-Casey (10), Preston (12)

Class 2A

	School	Record	LW
1	Western Christian	38-0	1
2	Lake Mills	37-0	2
3	Dike-New Hartford	37-3	3
4	Grundy Center	37-1	4
5	Sumner-Fredericksburg	27-2	5
6	Mediapolis	34-1	6
7	Sheldon	26-3	7
8	Pella Christian	20-4	8
9	West Branch	34-4	12
10	West Liberty	22-10	10
11	Gilbert	22-5	13
12	Edgewood-Colesburg	25-2	9
13	Maple Valley-Anthon-Oto	23-6	14
14	Tri-Center	26-3	15
15	Roland-Story	20-5	11

Dropped Out: None

Class 3A

	School	Record	LW
1	Dubuque Wahlert	21-7	1
2	Solon	26-1	2
3	Waverly-Shell Rock	36-3	3
4	West Delaware	33-5	6
5	Bishop Heelan	33-9	4
6	Charles City	25-6	7
7	Maquoketa	27-4	7
8	Bondurant-Farrar	28-6	5
9	Union	28-7	9
10	Harlan	27-6	11
11	Central DeWitt	20-14	10
12	Red Oak	19-5	12
13	Davenport Assumption	22-9	NR
14	Carroll	20-8	15
15	Algona	19-8	NR

Dropped Out: Fairfield (13), MOC-Floyd Valley (14)

Class 4A

	School	Record	LW
1	Iowa City West	27-6	1
2	Iowa City High	30-2	2
3	Ankeny	21-5	3
4	Dubuque Hempstead	22-6	10
5	Dowling Catholic	19-7	5
6	Southeast Polk	21-4	6
7	Cedar Rapids Kennedy	22-8	7
8	Waukee	22-5	8
9	Pleasant Valley	24-6	9
10	Urbandale	26-7	4
11	Cedar Falls	22-9	11
12	Lewis Central	22-7	12
13	Ames	21-11	15
14	Johnston	18-9	13
15	Clinton	18-9	NR

Dropped Out: Muscatine (14)

2011 – War Eagle All-Conference Volleyball

Team Standings	WEC Record	Overall Record	Class
1. Gehlen Catholic	10-0	34-2	1A
2. Unity Christian	9-1	22-13	2A
3. Hinton	8-2	24-11	2A
4. Remsen-Union	6-4	17-7	1A
5. South O'Brien	5-5	13-11	2A
West Sioux	5-5	7-11	1A
7. Akron Westfield	4-6	10-13	1A
Marcus-Meridan-Cleghorn	4-6	11-13	1A
9. Spalding Catholic	2-8	3-23	1A
Remsen St. Mary's	2-8	3-22	1A
11. Hartley-Melvin-Sanborn	0-10	3-16	2A

FIRST TEAM

Name	School	Gr.
*Steph Rohe	Gehlen Catholic	12
*Elizabeth Kiel	Unity Christian	11
*Kasey Rueter	Hinton	10
*Brittany Sudtelgte	Remsen-Union	11
Amber Timmins	Gehlen Catholic	12
Katelin Langel	Gehlen Catholic	11
Jill Schouten	Unity Christian	11
Sadie Schuck	Hinton	11
Casie Rehder	South O'Brien	12
Erica Dreckman	Marcus-Meridan-Cleghorn	12

*denotes unanimous selection

SECOND TEAM

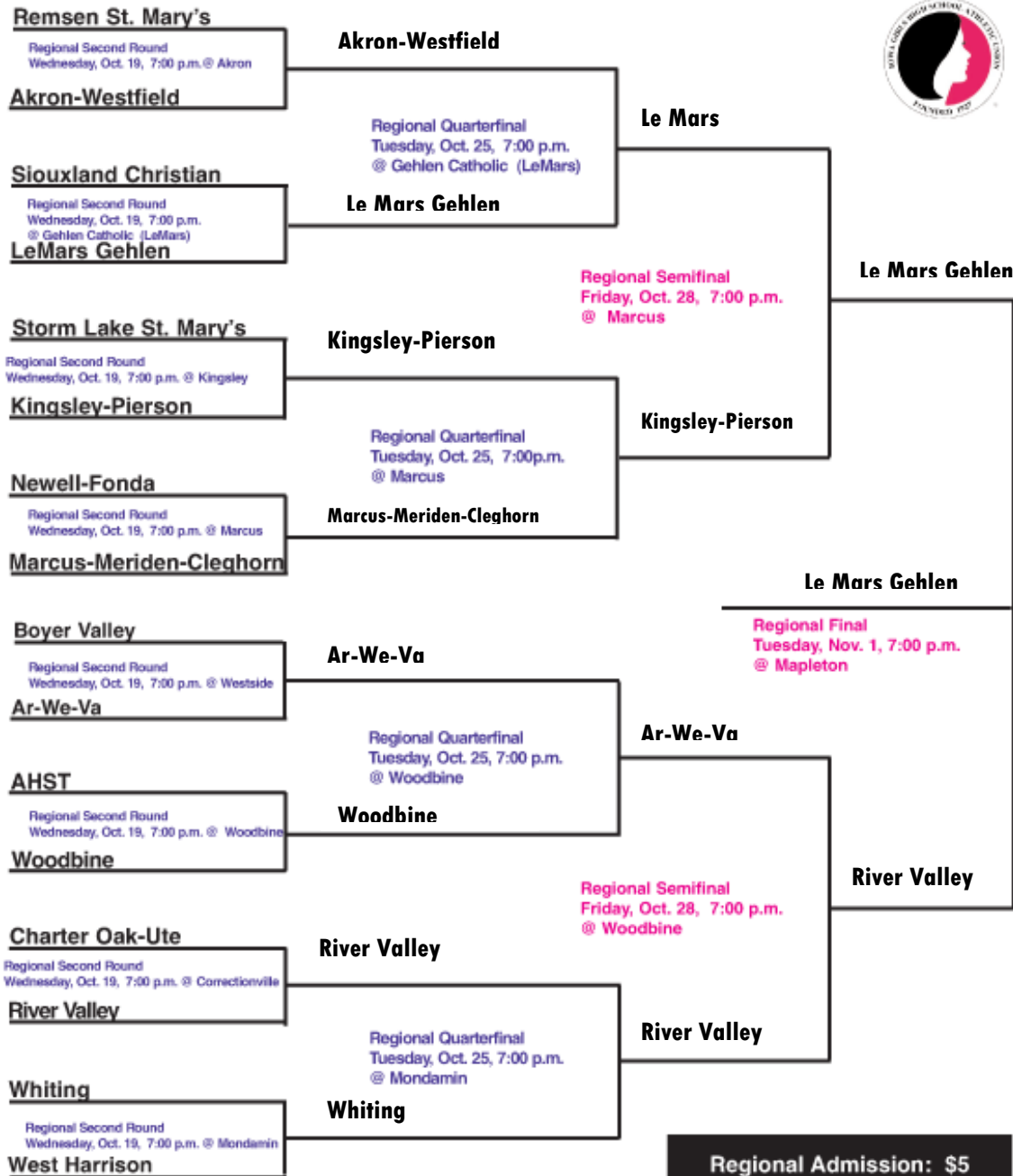
Name	School	Gr.
Kenzie Kellen	Gehlen Catholic	12
Autumn Pluim	Unity Christian	11
Morgan Mehrer	Hinton	12
Allison Schreiner	Remsen-Union	12
Mikayla Hintz	South O'Brien	10
Shannon Jasper	West Sioux	10
Monica Harvey	Akron-Westfield	12
Jayln Doeden	Marcus-Meridan-Cleghorn	12
Alex Willman	Spalding Catholic	12
Hope Kramer	Unity Christian	11

HONORABLE MENTION

Name	School	Gr.
Becca Vonnahme	Gehlen Catholic	12
Paxton Visscher	Unity Christian	12
Laura Hedlund	Hinton	10
Ashley Eaton	Hinton	11
Brittany Weikel	Remsen-Union	12
Erin Brassler	South O'Brien	12
Carissa Anderson	West Sioux	11
Kaitlyn Blinde	Akron-Westfield	12
Kayla Foresman	Marcus-Meridan-Cleghorn	12
Jessica Konz	Spalding Catholic	12
Makenzie Ricke	Remsen St. Mary's	11
Stephna Hinkey	Hartley-Melvin-Sanborn	12

2011 Class 1A Regional Volleyball - Region 2

Mon., Oct 17; Wed., Oct 19; Tues., Oct 25; Fri., Oct 28; Tues., Nov. 1



2011 CLASS 1A STATE VOLLEYBALL BRACKET

Woodward-Granger (20-5)

Thursday, November 10, 1A Quarterfinal
Noon, COURT ONE

Tripoli, 3-0

Tripoli (37-3)

Friday, November 11
1A Semifinal
6:00 p.m., COURT ONE

Tripoli, 3-0

Stanton (33-1)

Thursday, November 10, 1A Quarterfinal
1:30 p.m., COURT ONE

Boyden-Hull, 3-0

Boyden-Hull (27-3)

Saturday, November 12
1A Championship
5:00 p.m., CENTER COURT

Tripoli, 3-0

East Union (32-4)

Thursday, November 10, 1A Quarterfinal
Noon, COURT TWO

LeMars Gehlen Catholic, 3-0

LeMars Gehlen Catholic (32-1)

Friday, November 11
1A Semifinal
7:30 p.m., COURT ONE

LeMars Gehlen Catholic, 3-1

Janesville (29-10)

Thursday, November 10, 1A Quarterfinal
1:30 p.m., COURT TWO

Janesville, 3-1

Holy Trinity Catholic (46-2)

2011 CLASS 2A STATE VOLLEYBALL BRACKET

Sheldon (36-3)

Thursday, November 10, 2A Quarterfinal
6:00 p.m., COURT ONE

Grundy Center, 3-0

Grundy Center (41-1)

Friday, November 11
2A Semifinal
6:00 p.m., COURT TWO

Western Christian, 3-1

Kuemper Catholic (23-8)

Thursday, November 10, 2A Quarterfinal
7:30 p.m., COURT ONE

Western Christian, 3-0

Western Christian (47-1)

Saturday, November 12
2A Championship
3:00 p.m., CENTER COURT

Dike-NH, 3-0

Council Bluffs St. Albert (30-9)

Thursday, November 10, 2A Quarterfinal
6:00 p.m., COURT TWO

Lake Mills, 3-0

Lake Mills (44-0)

Friday, November 11
2A Semifinal
7:30 p.m., COURT TWO

Dike-New Hartford, 3-0

West Liberty (27-10)

Thursday, November 10, 2A Quarterfinal
7:30 p.m., COURT TWO

Dike-New Hartford, 3-0

Dike-New Hartford (41-3)

2011 CLASS 3A STATE VOLLEYBALL BRACKET

Charles City (34-7)

Wednesday, November 9, 3A Quarterfinal
6:00 p.m., COURT ONE

Bishop Heelan (44-11)

Harlan (31-6)

Wednesday, November 9, 3A Quarterfinal
7:30 p.m., COURT ONE

Dubuque Wahlert (29-8)

Maquoketa (32-5)

Wednesday, November 9, 3A Quarterfinal
6:00 p.m. COURT TWO

Waverly-Shell Rock (45-3)

Union (32-7)

Wednesday, November 9, 3A Quarterfinal
7:30 p.m., COURT TWO

Solon (32-1)

Bishop Heelan, 3-1

Friday, November 11, 3A Semifinal
Noon, COURT ONE

Dubuque Wahlert, 3-0

Waverly-Shell Rock, 3-0

Friday, November 11, 3A Semifinal
1:30 p.m., COURT ONE

Union, 3-2

Bishop Heelan, 3-1

Saturday, November 12
3A Championship
1:00 p.m. CENTER COURT

**Waverly-SR
3-1**

Waverly-Shell Rock, 3-0

2011 CLASS 4A STATE VOLLEYBALL BRACKET

Council Bluffs Abraham Lincoln (25-21)

Wednesday, November 9, 4A Quarterfinal
Noon, COURT ONE

Iowa City West (36-6)

Cedar Rapids Kennedy (29-9)

Wednesday, November 9, 4A Quarterfinal
1:30 p.m., COURT ONE

Dubuque Hempstead (25-8)

Cedar Falls (26-12)

Wednesday, November 9, 4A Quarterfinal
Noon, COURT TWO

Iowa City High (38-3)

Waukee (27-7)

Wednesday, November 9, 4A Quarterfinal
1:30 p.m., COURT TWO

Ankeny (28-8)

Iowa City West, 3-0

Friday, November 11, 4A Semifinal
Noon, COURT TWO

Cedar Rapids Kennedy, 3-0

Iowa City High, 3-1

Friday, November 11, 4A Semifinal
1:30 p.m., COURT TWO

Ankeny, 3-0

Iowa City West, 3-2

Iowa City High, 3-1

Saturday, November 12
4A Championship
11:00 a.m., CENTER COURT

IC West, 3-2

2011 State Volleyball Tournament – Gehlen Catholic Results

Cedar Rapids Ice Arena - Class 1A First Round

LeMars Gehlen Catholic 21-25-25-25, East Union 25-12-18-10

Steph Rohe had 15 kills and 14 digs to lead second-ranked LeMars Gehlen Catholic to a 21-25, 25-12, 25-18, 25-10 victory over East Union in Class 1A first round play at the Iowa State Volleyball Tournament in Cedar Rapids Thursday afternoon. The Jays (33-1) will face Janesville or Holy Trinity Catholic in the Class 1A semifinals Friday at 7:30 p.m. Gehlen Catholic overcame a slow start, dropping the first set 25-21, before getting things rolling. Katelin Langel added 12 kills, four service aces and 16 digs. The Jays also had 13 service aces as a team in the match. Amber Friend had 11 kills to lead East Union, who finishes the year 32-5 after making their second-straight state tournament trip.

Cedar Rapids Ice Arena - Class 1A Semifinals

LeMars Gehlen Catholic 16-25-25-25, Janesville 25-23-20-22

It will be number one versus number two in Class 1A. Second-ranked LeMars Gehlen Catholic's Steph Rohe and Katelin Langel combined for 27 kills to pace the Jays to a 16-25, 25-23, 25-20, 25-22 victory over Janesville in the Class 1A semifinals Friday night in Cedar Rapids. Gehlen Catholic now faces top-ranked and three-time defending champion Tripoli in the Class 1A championship match Saturday at 5:00 p.m. The two teams met in the state semifinals last year with Tripoli winning in a thrilling five-set match. Langel had 14 kills for the Jays while Rohe added 13 kills and 22 digs. Janesville, last year's Class 1A runners-up, was led by Kendyl Sorge's match-high 21 kills and 20 digs. Teammate Destiny Christopher added 27 digs for the Wildcats, who finish the season 30-11.

Cedar Rapids Ice Arena - Class 1A Championship

Tripoli 25-25-25, LeMars Gehlen Catholic 14-21-12

Megan Gilbert made it a perfect four-for-four. The Tripoli senior earned all-tournament captain honors for the fourth-straight year with 22 kills, four blocks and eight digs to lead the Panthers to the Class 1A championship with a 25-14, 25-21, 25-12 victory over second-ranked LeMars Gehlen Catholic in the Class 1A State Volleyball championship match Saturday night. The win marked a fourth-straight title for Tripoli, joining Western Christian (2001-04), Dike-New Hartford (1985-89) and Dubuque Wahlert (2000-05) as the only schools to win four or more consecutive championships. The title was the 10th in school history for Tripoli, who end the year with a 40-3 record. LeMars Gehlen Catholic (34-2) was led by Katelin Langel's eight kills.

Class 1A All-Tournament Team

Sara Hoppenworth, Tripoli

Bailey Kirchhoff, Tripoli

Kendyl Sorge, Janesville

Whitney Vander Maten, Boyden-Hull

Katelin Langel, LeMars Gehlen Catholic

Megan Gilbert, Tripoli (Captain)

Pizza Ranch Championship Match MVP: Megan Gilbert, Tripoli

2011 State Volleyball Tournament

Top 10 Tournament Stat Leaders (Class 1A)

Kill Percentage

<u>%</u>	<u>Name (School)</u>
0.500	Nicole Rozeboom (Boyden-Hull)
0.479	Megan Gilbert (Tripoli)
0.425	Allison Te Slaa (Boyden-Hull)
0.415	Mikaela Foecke (Holy Trinity)
0.400	Lindsey Reinhardt (Holy Trinity)
0.382	Allison Hesse (Janesville)
0.376	Kendyl Sorge (Janesville)
0.350	Courtney Anderson (Tripoli)
0.308	Sara Hoppenworth (Tripoli)
0.291	Bailey Kirchhoff (Tripoli)

Kills

<u>Kills</u>	<u>Name (School)</u>
64	Megan Gilbert (Tripoli)
46	Kendyl Sorge (Janesville)
35	Steph Rohe (Gehlen Catholic)
34	Katelin Langel (Gehlen Catholic)
27	Mikaela Foecke (Holy Trinity)
27	Natalie Brace (Janesville)
22	Allison Te Slaa (Boyden-Hull)
21	Bailey Kirchhoff (Tripoli)
19	Kenzie Kellen (Gehlen Catholic)
19	Courtney Anderson (Tripoli)

Kills per Game

<u>Ave.</u>	<u>Name (School)</u>
7.11	Megan Gilbert (Tripoli)
6.75	Mikaela Foecke (Holy Trinity)
5.75	Kendyl Sorge (Janesville)
3.67	Carmen Subbert (Stanton)
3.67	Allison Te Slaa (Boyden-Hull)
3.38	Natalie Brace (Janesville)
3.25	Lindsey Reinhardt (Holy Trinity)
3.18	Steph Rohe (Gehlen Catholic)
3.09	Katelin Langel (Gehlen Catholic)
2.83	Nicole Ewoldt (Boyden-Hull)

Serving Percentage

<u>%</u>	<u>Name (School)</u>
1.000	Megan Gilbert (Tripoli)
1.000	Rochelle Means (East Union)
1.000	Emily Lewis (Holy Trinity Catholic)
1.000	Ashley Tinguely (Holy Trinity)
1.000	Amanda Welding (Holy Trinity)
1.000	Emily Tinguely (Holy Trinity)
1.000	Amanda Dupuis (Holy Trinity)
1.000	Carmen Subbert (Stanton)
1.000	Rochelle Sink (Stanton)
1.000	Annie Webb (Woodward-Granger)

Service Aces

<u>Aces</u>	<u>Name (School)</u>
7	Shelby Schnurstein (Janesville)
6	Katelin Langel (Gehlen Catholic)
6	Lisa Gunter (Gehlen Catholic)
5	Emily Ruth (Janesville)
5	Amber Timmins (Gehlen Catholic)
4	Kassidy Van Voorst (Boyden-Hull)
4	Nicole Ewoldt (Boyden-Hull)
4	Mollie Nemmers (Gehlen Catholic)
4	Steph Rohe (Gehlen Catholic)
4	Hannah Gienau (Tripoli)

Blocks per Game

<u>Ave.</u>	<u>Name (School)</u>
1.67	Megan Gilbert (Tripoli)
1.50	Mikaela Foecke (Holy Trinity)
1.17	Allison Te Slaa (Boyden-Hull)
0.67	Courtney Anderson (Tripoli)
0.64	Mollie Nemmers (Gehlen Catholic)
0.64	Alison Schnepf (Gehlen Catholic)
0.56	Bailey Kirchhoff (Tripoli)
0.50	Toni Moeller (Tripoli)
0.50	Nicole Ewoldt (Boyden-Hull)
0.44	Sara Hoppenworth (Tripoli)

Digs

<u>Digs</u>	<u>Name (School)</u>
44	Steph Rohe (Gehlen Catholic)
43	Destiny Christopher (Janesville)
43	Becca Vonnahme (Gehlen Catholic)
41	Amber Timmins (Gehlen Catholic)
39	Katelin Langel (Gehlen Catholic)
38	Kendyl Sorge (Janesville)
36	Cali Beyer (Tripoli)
32	Whitney Vander Maten (Boyden-Hull)
31	Bailey Kirchhoff (Tripoli)
27	Natalie Brace (Janesville)

Assists

<u>Assists</u>	<u>Name (School)</u>
104	Brittney Hanson (Janesville)
99	Sara Hoppenworth (Tripoli)
96	Amber Timmins (Gehlen Catholic)
58	Kassidy Van Voorst (Boyden-Hull)
45	Ashley Tinguely (Holy Trinity)
22	Rochelle Means (East Union)
13	Rochelle Sink (Stanton)
7	Katelin Langel (Gehlen Catholic)
6	Ragen Anderson (Stanton)
6	Haley Manning (Woodward-Granger)

Assists per Game

<u>Ave.</u>	<u>Name (School)</u>
13.00	Brittney Hanson (Janesville)
11.25	Ashley Tinguely (Holy Trinity)
11.00	Sara Hoppenworth (Tripoli)
9.67	Kassidy Van Voorst (Boyden-Hull)
9.60	Amber Timmins (Gehlen Catholic)
5.50	Rochelle Means (East Union)
4.33	Rochelle Sink (Stanton)
2.00	Ragen Anderson (Stanton)
2.00	Haley Manning (Woodward-Granger)
1.00	Dusti Carlisle (East Union)

2011 IGCA ALL-STATE VOLLEYBALL TEAMS

Class 1A First Team

<u>Name</u>	<u>School</u>	<u>Yr.</u>	<u>Pos.</u>
Megan Gilbert	Tripoli	12	MB
Mikaela Foecke	Holy Trinity	9	MB
Katelin Langel	Gehlen Catholic	11	RS
Sara Hoppenworth	Tripoli	12	S
Kendyl Sorge	Janseville	9	OH
Karlie Schut	ICA	12	MB
Whitney Vander Maten	Boyden-Hull	12	OH
Bailey Kirchoff	Tripoli	11	OH

Class 1A Second Team

<u>Name</u>	<u>School</u>	<u>Yr.</u>	<u>Pos.</u>
Ashley Tinguely	Holy Trinity	12	S
Maddie Bardole	Woodward-Granger	11	OH
Carmen Subbert	Stanton	10	OH
Steph Rohe	Gehlen Catholic	12	OH
Kari Ludvingson	River Valley	12	MB
Amber Timmins	Gehlen Catholic	12	S
Cailia Raymond	Bedford	12	MB
Katie Rice	East Union	12	OH

Class 1A Third Team

<u>Name</u>	<u>School</u>	<u>Yr.</u>	<u>Pos.</u>
Brittany Hansen	Janesville	11	OH
Kelli Herrig	Bellevue Marquette	11	MB
Cali Beyer	Tripoli	12	L
Lindsay Reinhart	Holy Trinity	12	OH
Katie Dentlinger	Coon Rapids-Bayard	12	OH
Hanna Feller	Earlham	12	OH
Allison TeSlaa	Boyden Hull	11	MB
Jessica Balek	Mason City Newman	12	OH

Class 1A Special Mention

<u>Name</u>	<u>School</u>
Shelby Schindler	Algona Garrigan
Morgan Roecker	ArWeVa
Rochelle Means	East Union
Rachel Sorenson	Stanton
Melissa Alger	Lisbon
Nicole Ewoldt	Boyden Hull
Emily Lewis	Holy Trinity
Cassidy Bangasser	North Butler
Kayla Lindenmeyer	Bedford
Maddie Thompson	Grandview Park Baptist

Class 1A Honorable Mention

<u>Name</u>	<u>School</u>
Erica Groen	Iowa Christian Academy
Lexi Chester	River Valley
Kelsey Tebbe	Bellevue Marquette
Koral Crossett	New London
Alicia Escher	Winfield Mt. Union
Adalina Morales	Corning
Quinn Ruth	Adair Casey
Courtney Bargmann	West Bend Mallard
Sarah Kruse	George Little Rock

Class 1A Player-of-the-Year: Megan Gilbert – Tripoli
 Class 1A Coach-of-the-Year: Will Baumann – Tripoli

Class 2A First Team

<u>Name</u>	<u>School</u>	<u>Yr.</u>	<u>Pos.</u>
Brooke Wolterstorff	Western Christian	11	OH
Briana Weber	Dike-New Hartford	9	OH
Sam Meyers	Grundy Center	11	OH
Josie Brackey	Lake Mills	12	OH
Kellie Goedken	Sheldon	12	MB
Heather Hook	Grundy Center	11	S
Jamie Gesink	Western Christian	9	S
Abbie Perez	Dike-New Hartford	12	S

Class 2A 2nd Team

<u>Name</u>	<u>School</u>	<u>Yr.</u>	<u>Pos.</u>
Madi Drees	Carrol Kuemper	12	MB
Meghan Krausman	Grundy Center	12	OH
Kaity Brouwer	Dike-New Hartford	12	MB
Kendra Korporal	Sumner-Fred.	12	OH
Morgan Fjelstad	Lake Mills	12	S
Jenna Horstman	Pella Christian	12	OH
Kalyn Ertz	Mediapolis	12	MB
Meagan Kearns	Maple Valley	12	MB

Class 2A 3rd Team

<u>Name</u>	<u>School</u>	<u>Yr.</u>	<u>Pos.</u>
Kaylee Blake	IKM	11	MB
Tabitha Blaser	Forest City	12	OH
Gina Montagna	West Liberty	12	OH
Kasey Rueter	Hinton	10	OH
Sarah Faber	Pella Christian	12	S
Kim Kroeze	Western Christian	11	OH
Sarah Frisch	Grundy Center	12	MB
Olivia Sulentic	I-35	12	OH

Class 2A Special Mention

<u>Name</u>	<u>School</u>
Elizabeth Kiel	Unity Christian
Morgan Rozeboom	Sioux Center
Nevada Meis	St. Albert
Darcy Sunderman	Clarinda
Lindsey Brown	Maple Valley
Heather Poula	West Branch
Jenna Lansing	Dyersville Beckman
Jade Schaap	Western Christian
Kaylyn Brandt	Sumner-Fred.
Morgan Naberhaus	Carroll Kuemper

Class 2A Honorable Mention

<u>Name</u>	<u>School</u>
Kayla Speer	Danville
Aspen Rhodes	Van Meter
Lauren Dewes	Davis County
Brandi Buettel	Carroll Kuemper
Michelle Ritland	Hampton Dumont
Riley Sents	Grundy Center
Taylor Rathbone	Wapsie Valley
Chantel Blair	Jefferson-Scranton
Shannon Kelly	West Liberty

Class 2A Player-of-the-Year: Briana Weber – Dike New Hartford
 Class 2A Coach-of-the-Year: Diane Harms – Dike New Hartford

2011 IGCA ALL-STATE VOLLEYBALL TEAMS

Class 3A First Team

Name	School	Yr.	Pos.
Morgan Kuhrt	Waverly-Shell Rock	12	OH
Natalie Vondrak	Bishop Heelan	12	MB
Kinsey Caldwell	Waverly-Shell Rock	12	S
Jess Schaben	Harlan	9	MB
Ellie Rauch	Dubuque Wahlert	12	L
Lindsay Schulz	Carroll	12	MB
Kelsey Cave	Solon	11	MB
Madeline Hanno	Bishop Heelan	12	S

Class 3A Second Team

Name	School	Yr.	Pos.
Amy Ihm	Dubuque Wahlert	12	MB
Jessie Sindliger	Charles City	10	OH
MacKenzie Bigbee	Williamsburg	12	RS
Gabi French	Red Oak	12	OH
Megan McCarthy	Bishop Heelan	12	OH
Amanda Bries	West Delaware	12	L
Tori Zempel	Union	12	L
Makenzie Harbaugh	West Delaware	12	S

Class 3A Third Team

Name	School	Yr.	Pos.
Kelsey Hinrichs	Solon	11	OH
Hannah Miller	Marion	12	MB
Sara Jesse	Union	12	S
Bobbi Jo Borrows	Bondurant-Farrar	12	S
Alexis Conway	MOC-FV	10	OH
Beth Walker	Dubuque Wahlert	12	S
Devan O'Connell	Maquoketa	11	OH
Karli Schadler	Charles City	12	MB

Class 3A Special Mention

Name	School
Sam Barz	Union
Alex Duffy	Bondurant-Farrar
Lauren Neuzil	Clear Creek Amana
Kaylee Schnathorst	Webster City
Abby Caldwell	Waverly Shell Rock
Alyssa Klosterman	Dubuque Wahlert
Rayne Cook	West Delaware
Victoria Johnson	Nevada
MacKenzie McGraw	Oskaloosa
Rylie Smith	Solon

Class 3A Honorable Mention

Name	School
Michelle Lutz	Clear Creek Amana
Katie Appler	Centerville
Katherine Wetjen	Williamsburg
Jade Rohach	South Tama
Cori Peterzelak	Central DeWitt
Haleigh Daurelle	Maquoketa
Sara Ernst	Marion
Josie Esser	Harlan
Jessica Jones	Knoxville
Asia Kloewer	Harlan

Class 3A Player-of-the-Year: Morgan Kuhrt, Waverly Shell Rock
 Class 3A Coach-of-the-Year: Eavon Woodin, Waverly Shell Rock
 Note: See IGSAU website for Class 4A Teams

IGCA Elite All State

Name	School	Yr.	Pos.
Megan Gilbert	Tripoli	12	MB
Shelly Stumpff	Iowa City West	12	OH
Morgan Kuhrt	Waverly-Shell Rock	12	OH
Briana Weber	Dike-New Hartford	9	OH
Allie Hutcheson	CR Kennedy	12	S
Natalie Vondrak	Bishop Heelan	12	MB
Brooke Wolterstorff	Western Christian	11	OH
Michaela Nelson	Iowa City West	10	RS

Note: See IGSAU website for Class 4A Teams

Des Moines Register Class 1A 1st Team All-State

Name	School	Yr.	Pos.
Megan Gilbert	Tripoli	12	MH
Karlie Schut	ICA	12	MB
Whitney Vander Maten	Boyden-Hull	12	OH
Maddie Bardole	Woodward-Granger	11	OH
Amber Timmins	Gehlen Catholic	12	S
Alex Willman	Spalding	12	L

Des Moines Register Class 1A 2nd Team All-State

Name	School	Yr.	Pos.
Cailia Raymond	Bedford	12	MB
Mikaela Foecke	Holy Trinity	9	MB
Steph Rohe	Gehlen Catholic	12	OH
Carmen Subbert	Stanton	10	OH
Ashley Tinguely	Holy Trinity	12	S
Cali Beyer	Tripoli	12	L

Class 1A All-District – NW

Amber Timmins	Gehlen Catholic
Allison Te Slaa	Boyden Hull
Nicole Ewoldt	Boyden Hull
Lexi Chester	River Valley
Steph Rohe	Gehlen Catholic
Whitney Vander Maten	Boyden Hull
Kari Ludvigson	River Valley
Sarah Kruse	George Little Rock
Erica Dreckman	Marcus Meriden Cleghorn
De Andra Mahrt	Kingsley Peirson
Brittany Sudtelge	Remsen Union
Jessica Hillbrands	George Little Rock
Leah Duitsman	Harris Lake Park
Brittney Shropshire	River Valley
Katie Langel	Gehlen Catholic

District Coach-of-the-Year: Dean Hoogeveen – Boyden-Hull

2011 IGCA Volleyball Academic All-State*

Jill Stole, Roland Story
Jill Hauer, Roland Story
Erin Dorpinghaus, DeWitt Central
Meghan McClimon, DeWitt Central
Janet Hofmann, Algona
Kerri Golinghorst, North Scott
Megan Hall, Springville
Ellyn Cory, Indianola
Laura Shepherd, Iowa City, City High
Hannah Infelt, Iowa City West
Amanda Dupuis, Holy Trinity Catholic
Maddy Scholten, Pella
Emily McDowell, Johnston
Bobbi Jo Burrows, Bondurant-Farrar
Jerica Gretter, Sigourney
Katie Appler, Centerville
Elli Ruen, Newman Catholic
Jena Stallsmith, Newman Catholic
Karlie Schut, Iowa Christian Academy
Catherine Adams, Lake Mills
Sarah Meyers, Northeast
Kryslynn Klimes, Muscatine
Crystal Rodger, Sheldon
Michelle Fischer, Sheldon
Lisa Gunter, Gehlen Catholic
Tori Ogden, Fairfield
Elizabeth Tabor, Maquoketa
Christina Crowley, Carlisle
Makayla Abbas, Cedar Falls

Hannah Warburton, Roland Story
Laura Neuzil, Clear Creek-Amana
Ellen Reynolds, DeWitt Central
Liza Mann, Ames
Jade Simpson, Algona
Kaitlyn Svestka, Decorah
CJ Fitzgerald, Springville
Caitlin Ward, Iowa City, City High
Kelley Fliehler, Iowa City West
Katrina Seeman, Boone
Katie Sunderman, Pella
Jenna Heil, Johnston
Mikkinzie Peschong, Okoboji
Rachel Berte, Bishop Garrigan
Katelyn Wheeldon, Sigourney
Morgan Kuhrt, Waverly-Shell Rock
Chandler Rognes, Newman Catholic
Erin Rettenmaier, Dowling Catholic
Kristina Halbur, IKM-Manning
Kayla Krull, Lake Mills
Kristy Lueken, Edgewood-Colesburg
Jessica Albers, Sheldon
Kaitlyn Jongewaard, Sheldon
Kellie Goedken, Sheldon
Gabby Notermann, Cedar Falls
Bailey Banach, Ames
Kenzie Hosch, Gilbert
Kara Keigan, Roland Story

*Student-athletes must have a minimum GPA of 3.75 and at least a 27 ACT score.

2011 Gehlen Jays Volleyball Honors Page

Letterwinners:

Lisa Gunter
Kenzie Kellen
Steph Rohe
Amber Timmins
Katelin Langel
Alison Schnepf

Megan Heissel
Mollie Nemmers
Lauren Sitzmann
Becca Vonnahme
Shannon Smith

Team Captain:

Amber Timmins

Teammate Award:

Steph Rohe

Dedication Award:

Lisa Gunter & Katelin Langel

Most Improved:

Kenzie Kellen & Alison Schnepf

Most Valuable:

Steph Rohe & Amber Timmins

War Eagle All - Conference Teams

Honorable Mention:

Becca Vonnahme

Second Team:

Kenzie Kellen

First Team:

Steph Rohe
Amber Timmins
Katelin Langel

Other Honor Teams

CYO All-Tournament:

Katelin Langel, Steph Rohe, Amber Timmins

All-District:

Katelin Langel, Steph Rohe, Amber Timmins

All-State:

Katelin Langel (1st Team IGCA Class 1A)
Steph Rohe (2nd Team IGCA Class 1A)
Amber Timmins (2nd Team IGCA Class 1A)
Amber Timmins (1st Team *Des Moines Register* Team)
Steph Rohe (2nd Team *Des Moines Register* Team)

Class 1A All-Tournament Team: Katelin Langel

IGCA Academic All-State: Lisa Gunter

2011 Gehlen Volleyball Team Accomplishments

- Team Match Record: 34 Wins 2 Losses .944 Winning Percentage
- Team Game Record: 84 Wins 9 Losses .903 Winning Percentage
- The Jays were ranked #2 in Class 1A in each weekly poll this season.
- War Eagle Conference Champions with a 10-0 match record and 30-0 game record.
- Opponents failed to reach double figure scores in 42% of the games.
- Nearly 60% of matches were against ranked 1A schools are 2A and 3A schools.
- The Jays had two 17-match winning streaks. The first streak was ended by Heelan in the CYO Finals and the 2nd streak by Tripoli in the state championship match.
- The Jays won the following tournaments:
 - September 3 Sheldon Tournament
 - September 17 West Sioux Tournament
 - September 23 Unity Christian
 - Oct. 19-Nov. 1 Regional Tournament
- The Jays Oct. 13 victory over Hinton gave Coach Meyer his 300th career high school coaching victory.
- During the time most of the seniors were on the varsity (last three years), the Jays have compiled an overall record of 91 and 18. The Jays participated in the state tournament each of those years.
- Steph Rohe and Amber Timmins both received their volleyball letter as freshmen, finishing with four each.
- Both Steph and Amber have been 1st Team All-State and Team MVP's.
- The Gehlen Jays volleyball team has not lost a regular season match to another Class 1A school since dropping a weekend tournament match to Woodbury Central on September 20, 2008. The seniors were freshmen.

